

Case Study

**TURNING
POINT**
turning lives around



Tier 4 Residential Rehab: Stanfield House

Location:

West Cumbria

Client group:

Individuals suffering with drug and/or alcohol misuse

Tier 4 Stanfield House

One of six Turning Point registered residential rehabilitation centres across England, Stanfield House has 12 beds and a 3-star excellent quality rating. Established in 1978, the service provides a 12-week programme, a six-week after-care service and the option of a further 12-week community re-integration programme.

Operating an ITEP model

Stanfield House operates an abstinence-based programme, which includes extensive individual and group work.

The Turning Point programme uses ITEP and is based on a cognitive approach known as 'node-link mapping', which allows users and key workers to visually represent their issues and connectedness. But people at Stanfield House are not placed in a set structure and expected to adjust. We personalise the service to suit their needs.

Empowering people

At Turning Point we believe you only turn lives around by putting people back in control. At Stanfield House, we give people the confidence they need to make their own decisions, focus on





"I have found this service to be one of the best and most professional I have used. The staff are extremely skilled in working with drug/alcohol dependency, they are caring and compassionate." Alison Taylor-Gage, Addiction social worker Cumbria

we look at the whole person, treat each person as an individual and offer practical, workable solutions they can use when they return to their communities. We help them deal with family, employment, debt, housing and general health issues alongside helping them tackle their addictions. At Stanfield House we encourage clients to take up new social and

very ill. Some are in a severe condition. They require a great deal of expert care and there's no room for compromise. Stanfield House offers them world-class care. It gives them time to recover, to talk and think, to slowly build up their strength, discover new ways of living their lives and make real progress towards total, long-term abstinence.

"I arrived here a person who was completely lost. I could see no way out of the mire I had created. I will leave as a gentle man who looks to the future with ideas, plans and a smile. None of this would be possible without your knowledge, commitment and care." Service user

the issues and take responsibility for their actions. That way we allow them to look at life in a new way. Everything we do has one simple aim – to help them create a new future free from drugs and alcohol.

The whole person

Stanfield House isn't just about tackling substance misuse. People with drug and alcohol problems also face real-world challenges. That's why

leisure activities in the community such as creative writing and fell walking along with improving life skills such as assertiveness and motivation.

The final chance to make a difference

Stanfield House is many people's final chance. It's the place people come when they have no options left. Most people admitted to Stanfield House are

Turning Point is the UK's largest provider of substance misuse services. For more information on how to access our existing services or how we can design a new service for you call us today on 08456 029 408.

Find Turning Point at www.turning-point.co.uk

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